# Disability Resources in Utah

This list is not intended to be comprehensive. For a more comprehensive listing of resources, please visit www.utahparentcenter.org and access our Disability Resource Book.

## Disability Specific Organizations

### Utah Parent Center
- **Utah Parent Center**
  - **Phone:** (801) 272-1051 or (800) 468-1160
  - **Website:** [www.utahparentcenter.org](http://www.utahparentcenter.org)
  - **Description:** Provides training, information, referral, and assistance to parents of children and youth with ALL disabilities.

### Autism Information Resources
- **Autism Information Resources**
  - **Phone:** (801) 272-1051 or (800) 468-1160
  - **Website:** [www.utahparentcenter.org/disabilities/autism/](http://www.utahparentcenter.org/disabilities/autism/)
  - **Description:** Provides information, referral, and trainings on autism and autism spectrum disorders. Various resources list available.

### Family to Family Network
- **Family to Family Network**
  - **Phone:** (801) 272-1051 or (800) 468-1160
  - **Website:** [www.utahfamilytofamilynetwork.org](http://www.utahfamilytofamilynetwork.org)
  - **Description:** Provides education and support to families who have a member with a disability. Also provides a network of local support groups who meet regularly and locally.

### Utah Family Voices - Health Information and Support
- **Utah Family Voices - Health Information and Support**
  - **Phone:** (801) 272-1068 or (800) 468-1160
  - **Website:** [www.utahfamilyvoices.org](http://www.utahfamilyvoices.org)
  - **Description:** Provides families with support and tools to make informed decisions about their child with special health care needs.

### Learning Disabilities Association of Utah
- **Learning Disabilities Association of Utah**
  - **Phone:** (801) 553-9156
  - **Website:** [www.ldau.org](http://www.ldau.org)
  - **Description:** Promotes education, support and advocacy to individuals with learning disabilities and their family members, including individuals with Dyslexia.

### NAMI Utah (National Alliance on Mental Illness)
- **NAMI Utah (National Alliance on Mental Illness)**
  - **Phone:** (801) 323-9900 or (877) 230-6264
  - **Website:** [www.namutah.org](http://www.namutah.org)
  - **Description:** Provides self-help, support, and advocacy for consumers, and families and friends of people with severe mental illnesses.

### Utah Prader-Willi Syndrome Association
- **Utah Prader-Willi Syndrome Association**
  - **Phone:** (801) 556-8012
  - **Website:** [www.upwsa.org](http://www.upwsa.org)
  - **Description:** Provides information and support on Prader-Willi Syndrome.

### Spina Bifida Association of Utah
- **Spina Bifida Association of Utah**
  - **Phone:** (800) 483-518
  - **Website:** [www.sbausa.org](http://www.sbausa.org)
  - **Description:** Provides a network of local groups to provide support and advocacy for consumers, and families and friends of people with severe mental illnesses.

### Utah Developmental Disabilities Council (UDDC)
- **Utah Developmental Disabilities Council (UDDC)**
  - **Phone:** (801) 533-3965
  - **Website:** [www.utahddcouncil.org](http://www.utahddcouncil.org)
  - **Description:** Promotes and supports individuals with developmental disabilities and their family members.

### Utah Down Syndrome Foundation
- **Utah Down Syndrome Foundation**
  - **Phone:** (888) 556-8012
  - **Website:** [www.udsf.org](http://www.udsf.org)
  - **Description:** Provides information and support on Prader-Willi Syndrome.

### Utah Hands & Voices
- **Utah Hands & Voices**
  - **Website:** [www.handsandvoicesutah.org](http://www.handsandvoicesutah.org)
  - **Description:** Provides support, encouragement and information to parents, family members and friends of blind and visually impaired children. UPOBC is a division of the National Federation of the Blind.

### Utah Parent Center
- **Utah Parent Center**
  - **Phone:** (801) 272-1051 or (800) 468-1160
  - **Website:** [www.utahparentcenter.org](http://www.utahparentcenter.org)
  - **Description:** Provides services to individuals with Cerebral Palsy. Provides education and support to families who have a member with a disability. Also provides a network of local support groups who meet regularly and locally.

### Utah Family Voices - Health Information and Support
- **Utah Family Voices - Health Information and Support**
  - **Phone:** (801) 272-1068 or (800) 468-1160
  - **Website:** [www.utahfamilyvoices.org](http://www.utahfamilyvoices.org)
  - **Description:** Provides families with support and tools to make informed decisions about their child with special health care needs.

### Spina Bifida Association of Utah
- **Spina Bifida Association of Utah**
  - **Phone:** (800) 483-518
  - **Website:** [www.sbausa.org](http://www.sbausa.org)
  - **Description:** Provides a network of local groups to provide support and advocacy for consumers, and families and friends of people with severe mental illnesses.
## Miscellaneous Resources

**211 Utah Information and Referral**

211 or (888) 826-9790 or 801-978-3333

[www.informationandreferral.org](http://www.informationandreferral.org)

Provides free information and referral for health, human services, and community services.

**Baby Watch Early Intervention — Utah Department of Health**

(801) 584-8226 or (800) 961-4226

[www.utahbabywatch.org](http://www.utahbabywatch.org)

Provides early identification and developmental services for infants of babies and toddlers ages birth to 3.

**Blind and Visually Impaired — Division of Services for (DSBVI)**

(801) 538-7530 or 1-800-473-7530


Provides services and supports to Utah citizens who are blind or have significant visual impairments.

**Care About Childcare**

1-855-531-2468


Provides a website to help parents find professional childcare.

**Center for Persons with Disabilities (CPD) — Utah State University**

(435) 797-1981

[www.cpd.usu.edu](http://www.cpd.usu.edu)

Provides services and programs to help individuals with disabilities exercise independence and self-determination in their communities.

**CHIP — Children's Health Insurance Program**

(877) KIDS-NOW or (877) 543-7669


Provides a state health insurance plan for children.

**Children with Special Health Care Needs (CSHCN)**

(801) 584-8284 or (800) 829-8200


Provides clinical programs, health care coordination, newborn screenings, and additional programs to children with special health care needs.

**Computer Center for Citizens with Disabilities**

(801) 887-9380 or (888) 866-5550


Provides the opportunity for individuals with disabilities to learn to access all areas of computer technology. Part of the Utah Center for Assistive Technology.

**Deaf and Hard of Hearing — Division of Services for (DSHH)**

(801) 263-4860 (VOICE) or (801) 263-4862 (TTY) or (800) 860-4860

[www.deafservices.utah.gov](http://www.deafservices.utah.gov)

Provides services to improve the lives of the deaf and hard of hearing.

**Disability Law Center (DLC)**

(801) 363-1347 or (800) 662-9080

[www.disabilitylawcenter.org](http://www.disabilitylawcenter.org)

Provides legal advocacy to protect the human and civil rights of people with disabilities.

**Division of Services for People with Disabilities (DSPD)**

INTAKE (877) 568-0084 or (800) 837-6811

[www.dspd.utah.gov](http://www.dspd.utah.gov)

Promotes opportunities and provides support for persons with disabilities to lead self-determined lives.

**Division of Substance Abuse and Mental Health Services (DSAMHS)**

(801) 538-3939


Provides information about mental health services for children and adults throughout the State of Utah.

**Guardianship Associates of Utah**

(801) 533-0203

[http://guardianshiputah.org](http://guardianshiputah.org)

Provides guardianship services and information for families of individuals who have intellectual or related disabilities.

**Hire My Care**

[www.hiremycare.org](http://www.hiremycare.org)

Provides a web-based marketplace for connecting people who need in-home care for individuals with disabilities or the aging.

**Juvenile Justice Services (JJJS)**

[www.jj.us.utah.gov](http://www.jj.us.utah.gov)

Provides a continuum of interventions, supervision and rehabilitation programs to youth offenders.

**Medicaid**

(801) 526-0950 or (866) 425-7414

[https://medicaid.utah.gov](https://medicaid.utah.gov)

Provides a source of health insurance coverage for low-income individuals including people with disabilities.

**PCN — Primary Care Network**

(866) 222-2542 Application Help (866) 425-7414

[https://health.utah.gov/pcn/](https://health.utah.gov/pcn/)

Provides a health plan for adults offered by the Utah Department of Health.

**Social Security Administration (SSI & SSDI)**

(800) 772-1213 or SLC (866) 851-5275

[www.ssa.gov](http://www.ssa.gov)

Promotes the economic security of the nation's people, including individuals with disabilities.

**Utah Assistive Technology Foundation (UATF)**

(800) 524-5152

[www.uatf.org](http://www.uatf.org)

Promotes that individuals with disabilities live more productive lives by helping purchase assistive technology devices and services.

**Utah Assistive Technology Program (UATP)**

(800) 524-5152

[www.uatpat.org](http://www.uatpat.org)

Promotes the independence of people through assistive technology.

**Utah Center for Assistive Technology (UCAT)**

(801) 887-9380


Provides assistive technology devices and training to anyone in Utah that help them cope with functional limitations.

**Utah Schools for the Deaf and the Blind (USBd)**

(801) 629-4700 or (800) 990-9328

[www.usbd.org](http://www.usbd.org)

Provides consultation, resources, and direct education services to individuals 0 – 21 with hearing and/or visual impairments and their families.

**Utah State Office of Education, Special Education Services**

(801) 538-7587

[www.schools.utah.gov/sars](http://www.schools.utah.gov/sars)

Provides leadership and support for educators, parents, and students with disabilities receiving special education services.

**Utah Work Incentive Planning Services (UIWPS)**

(801) 887-9398 or (801) 887-9530

[www.usor.utah.gov/division-menu/division-of-rehabilitation-services/benefits-planning](http://www.usor.utah.gov/division-menu/division-of-rehabilitation-services/benefits-planning)

Provides information about Social Security and how working impacts their SSI/SSDI and other benefits.

**Vocational Rehabilitation, Division of Rehabilitation Services (VR)**

(801) 538-7530

[www.usor.utah.gov](http://www.usor.utah.gov)

Promotes and assists individuals with disabilities in obtaining employment and increasing their independence.

**Utah Centers for Independent Living (IC)**

[www.usilc.org/il-centers](http://www.usilc.org/il-centers)

Assists individuals with disabilities to achieve greater independence in the community. Centers for Independent Living are located throughout the State of Utah.