



## Family Reflections Work Sheet #7

### Evaluate Family Activities

**Purpose:**

**Activity:**

**Date:**

**Who participated:**

**Comments:** (Family reflections about the activity, such as what went well, and what you would do differently?)

#### Rank Activity

- Great Success
- Good
- Acceptable
- Poor
- Do Something Different Next Time

Complete this work sheet like a journal entry. Do this as a family. Save these journal entries and evaluate how your family is doing over time.