

UTAH PTA CONNECTIONS

A Newsletter Connecting & Empowering
Parents and PTA Leaders



November 28, 2022

Happy Thanksgiving!



Forces for Good Award

During our PTSA Days at the Capitol, our Utah PTA Student Leadership Committee will be awarding this year's Forces for Good Awards. We are asking PTSAs from across the state to send us your nominations in three categories: Student, School & Community. Please submit a photo and a short essay up to 250 words telling us why you would like to nominate a student at your school, an adult or group at your school, or someone in your community who is a "force for good." The only requirement is that their actions directly tie into the mission of Utah PTA, which is: "To make every child's potential a reality by engaging and empowering families and communities to advocate for all children." Please send entries to todd@utahpta.org before December 1, 2022.



PTSA Holiday Service Challenge

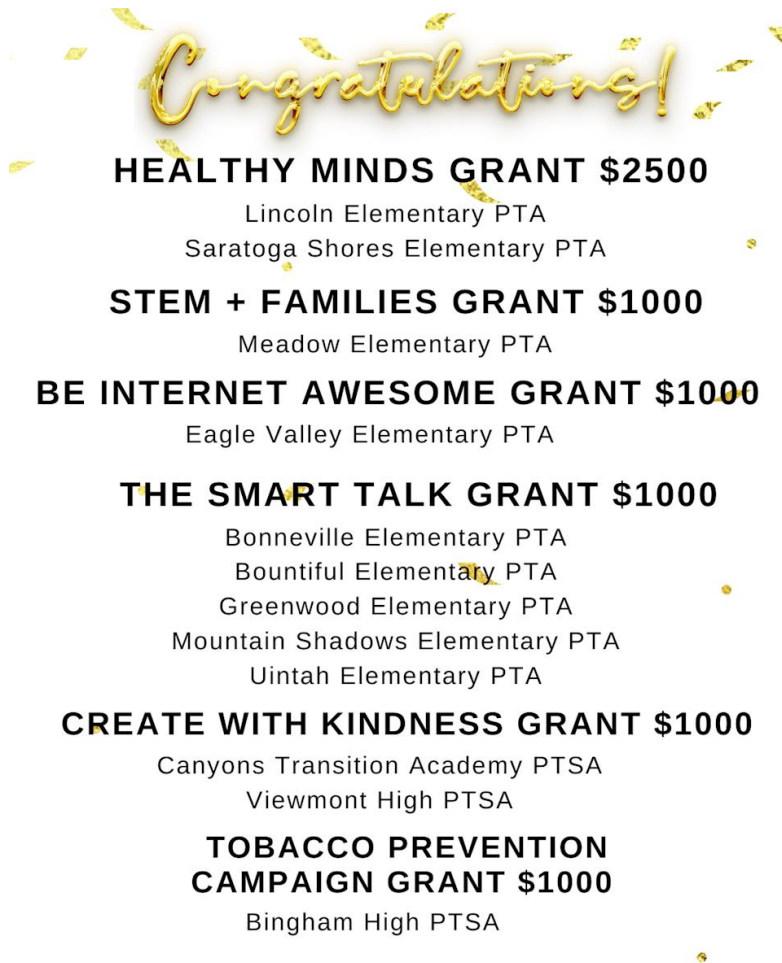


The Utah PTA Student Leadership Committee is issuing a Holiday Service Challenge for all PTAs. Have your PTSA members (students and/or adults) participate in service before Dec 31, and post a photo of it on our [Utah PTA Super Secondary Facebook page](#). We will select a few winners, and join you at your next PTSA meeting with pizza for everyone. Pizza for PTSA!!

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National PTA Announces Grant Recipients

National PTA has awarded 12 local Utah PTAs with \$15,000 in grant money.



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Request a Nutrition Workshop for your School!

Family Food Matters focuses on teaching families about eating healthy and incorporating movement into their everyday lifestyles in order to prevent disease, as well as how to talk to your child about weight and body image. Dietitians from the University of Utah Center for Community Nutrition want to do a free workshop for your school community. You can learn more about it from this segment on [Good Things Utah](#) or visit [Family Food Matters](#) to see videos on Healthy Eating, fostering a Healthy Home Environment and the importance of Family Movement. Fill out this [workshop request form](#) to get started!



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STOP THE BLEED ®



The only thing more tragic than death is a death that could have been prevented. Proper wound management and placement of a tourniquet can save a life. Paramedics, military personnel, police officers and other emergency care providers are trained to apply tourniquets when bleeding from an injury cannot be controlled but more importantly, the public can learn to apply a tourniquet correctly and for the correct reasons. [STOP THE BLEED ®](#) is the result of a collaborative effort led by the American College of Surgeons Committee on Trauma (ACS COT) to bring knowledge of bleeding control to the public. Utah PTA is trying to help get our communities trained and get STOP THE BLEED ® kits in every classroom. Free classes can be found at <https://www.stopthebleed.org>. Join one today and get STOP THE BLEED ® certified.

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Sponsored Articles

Waterford Upstart

 Waterford | **UPSTART**

Amazing At-Home Learning Opportunity!

Waterford Upstart is a FREE online learning program for children entering kindergarten in 2022 or 2023. They'll learn the skills they need in reading, math, and science in minutes a day. Plus, because it's paid for by the state, there's no cost to you!

Be confident that your child is **ready for school** with Waterford Upstart!



97% of parents would recommend **Waterford Upstart!**

What Do You Get?



Award-winning software your child uses at home less than **30 minutes each day**



Independent online activities and **resources** for off-line practice



Family-focused guidance and tools to help you support your child's learning

Why Should You Sign Up?



Waterford Upstart works!

On average, graduates enter kindergarten reading at almost a first-grade level



Your child will learn!

The program builds academic skills and routines so your child is ready to be confident and successful at school



It costs you nothing!

Thanks to generous support from our partners, we provide everything you need to complete the program

*Computer and Internet provided to qualifying families



Get started today!

Visit [waterford.org/upstart](https://www.waterford.org/upstart)

Or scan this QR code

888-982-9898

Waterford.org is a national early education nonprofit. Waterford Upstart is available for FREE to all 4 & 5-year-old children & their families in Utah. The Upstart program is funded through the state legislature. The Upstart Program is FREE and includes research-based literacy software, a family coach in the family's home language, and device/ internet hotspot if needed. The literacy-based program is aligned with the Utah early learning standards and is a certified Autism resource. Registration for Waterford Upstart is easy and fast.

Registration through the QR code or by calling 1-888-982-9898. For more information:

English

Video: <https://youtu.be/1bXpphqeBnw>

Spanish

video: <https://youtu.be/vGe1ml2ec08>

Or to register: Scan the QR code included on the flyer or go to <https://www.waterford.org/upstart> to register. For questions, contact 1-888-982-9898 or utrecruitment@waterford.org.

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