

WELCOME TO 2024 LEADERSHIP CONVENTION

Session will begin soon



A graphic of the state of Utah with a white outline. Inside the outline, the words 'DEVELOP', 'ADVOCATE', and 'ENGAGE' are stacked vertically in large, blue, distressed-style capital letters. A vertical dark green bar runs through the center of the state, containing the word 'UTAH' in white, distressed-style capital letters.

DEVELOP
ADVOCATE
ENGAGE

UTAH

Develop programs, resources, and leadership skills that enhance the lives of all children, youth, and their families.

Advocate by speaking on behalf of all children and youth in schools, in the community, before governmental bodies, and before other organizations that make decisions affecting children.

Engage the public in united and equitable efforts to secure the physical, mental, emotional, spiritual, and social well-being of all children and youth.

WHAT THINGS DO YOU DO WITHOUT EVEN THINKING?



“YOUR OUTCOMES ARE A LAGGING MEASURE OF YOUR HABITS. YOUR NET WORTH IS A LAGGING MEASURE OF YOUR FINANCIAL HABITS. YOUR WEIGHT IS A LAGGING MEASURE OF YOUR EATING HABITS. YOUR KNOWLEDGE IS A LAGGING MEASURE OF YOUR LEARNING HABITS. YOUR CLUTTER IS A LAGGING MEASURE OF YOUR CLEANING HABITS. YOU GET WHAT YOU REPEAT.”

—JAMES CLEAR, AUTHOR OF ATOMIC HABITS



THE 3 R'S OF DEVELOPING HEALTHY DIGITAL HABITS AT HOME



#1

RELATIONSHIPS



#2

RESILIENCE



#3

RULES

RELATIONSHIPS



RESILIENCE



RULES



8

LEADERSHIP
CONVENTION

2024



WHAT HEALTHY DIGITAL HABITS DO YOU WANT TO DEVELOP?



Safe Tech Solutions

[SAFETECHSOLUTIONS.ORG](https://safetechsolutions.org)



Our programs build confident and resilient children who make conscious, positive choices in media and technology.

[WHITERIBBONWEEK.ORG](https://whiteribbonweek.org)



Project STAND works to prevent all forms of exploitation by empowering youth, parents, and school communities to STAND and thrive by using media in healthy ways.

[PROJECTSTAND.ORG](https://projectstand.org)



Fight the New Drug (FTND) is a non-religious and non-legislative nonprofit that exists to provide individuals the opportunity to make an informed decision regarding pornography by raising awareness on its harmful effects using only science, facts, and personal accounts.

[FIGHTTHENEWDRUG.ORG](https://fightthenewdrug.org)



Raise is a free parenting app that helps families navigate the challenges of today's digital landscape.

[JOINRAISE.COM](https://joinraise.com)

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- Utah PTA
- Utah PTA Advocacy
- Utah PTA Super Secondary
- Utah PTA Excellent Elementary
- Utah PTA Treasurers
- Utah PTA Reflections
- Utah School Community Councils
- Utah PTA Teachers

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