

WELCOME TO 2024 LEADERSHIP CONVENTION

Session will begin soon





DEVELOP
ADVOCATE
ENGAGE

UTAH

Develop programs, resources, and leadership skills that enhance the lives of all children, youth, and their families.

Advocate by speaking on behalf of all children and youth in schools, in the community, before governmental bodies, and before other organizations that make decisions affecting children.

Engage the public in united and equitable efforts to secure the physical, mental, emotional, spiritual, and social well-being of all children and youth.

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Transition to Adulting for Students with Disabilities

Supporting Youth in Building Meaningful Plans for
Transition to Adult Life



Life Experience Shapes Us

“We are the sum total of our experiences. Those experiences – be they positive or negative – make us the person we are, at any given point in our lives. And, like a flowing river, those same experiences, and those yet to come, continue to influence and reshape the person we are, and the person we become. None of us are the same as we were yesterday, nor will be tomorrow.”

-B.J. Neblett

Discussion

Think of those in your life who have pushed you to grow, change, and improve. Imagine if they chose not to believe in you and push you. Imagine if they looked at you and your potential and thought, “good enough”.

How would you be different?

Success Criteria

Participants will be able to:

1. Articulate the components of the postsecondary transition process
1. Identify best practices for the transition process in their setting

What Do We Know?

Contemporary transition policies and practices are grounded in the belief that students with disabilities are far more likely to achieve their aspirations for life after high school if provided the right combination of opportunities, instruction, services, and support [in high school].

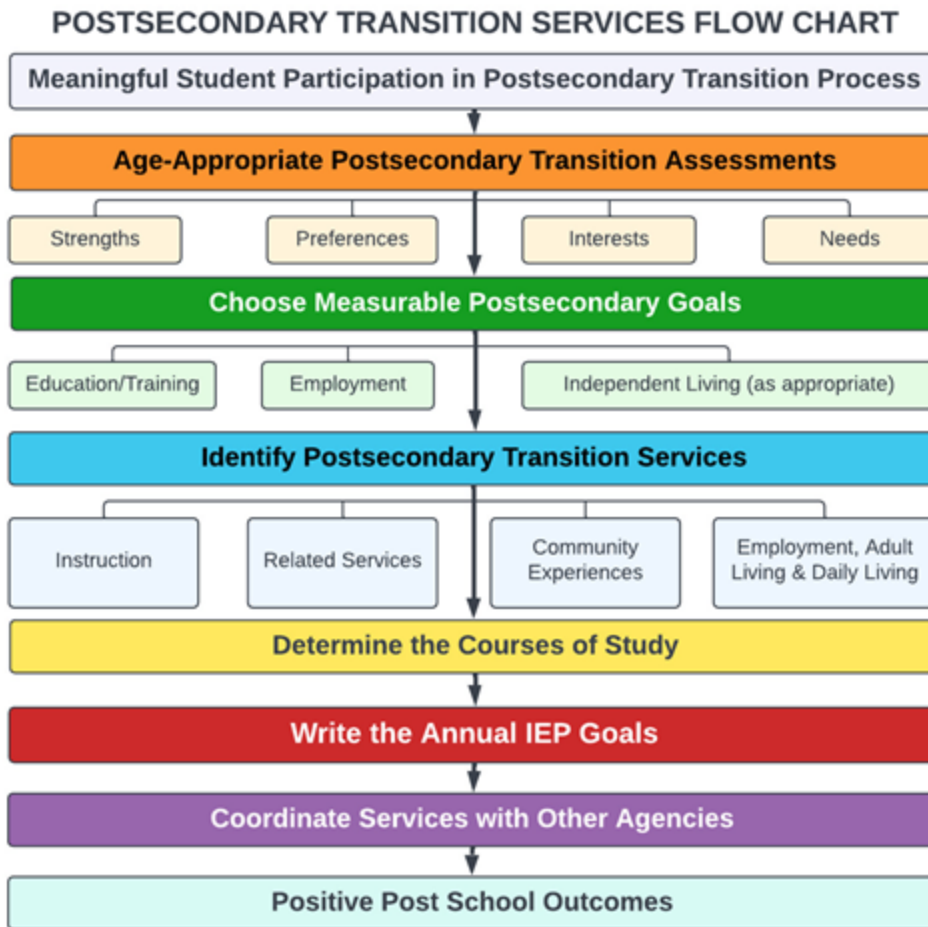
This belief aligns with the special education's overarching purpose as stated in IDEA (2004) to "prepare students with disabilities for further education, employment, and independent living" to ensure "equality of opportunity, full participation, independent living, and economic self-sufficiency".

Trainor et. al., 2019

The Postsecondary Transition Process

- Postsecondary transition planning is a process designed to help students reach their vision for a meaningful and productive future as they transition into adulthood.
- Postsecondary transition is a student-centered process that includes ongoing assessment, services, instruction, experiences, opportunities, and supports designed to elevate students' in-school and post school outcomes.
- A Postsecondary Transition Plan is a required part of an Individualized Education Program (IEP) for students with disabilities starting at age 14 (or earlier if appropriate).

The Post-Secondary Transition Plan



Adapted from Johnson, C. E. (2012). Transition Services Flowchart.
Center for Change in Transition Services, Seattle University, Seattle, WA

Building a House



- Think of the postsecondary transition process like building a house.
- There are a lot of materials and processes that need to come together for success.

The transition plan is the cornerstone of the postsecondary transition process



The student is the architect



The rest of us are the team



Educators are the general contractors.



The LEA representative is the project lead.



Other agencies are the subcontractors.

Working together to build a positive future

c



Sometimes... PLANS CHANGE

Elements of a Meaningful Postsecondary Transition Plan: Postsecondary Goals



THE VISION

Relevant and meaningful measurable **postsecondary goals** based on age-appropriate **transition assessments**

Elements of a Meaningful Postsecondary Transition Plan: Transition Services

THE TOOLS

Transition services
aimed at providing the
skills and experiences
needed for success
after high school



Predictors of Post School Success (Mazzotti et. al., 2020)

- Career Awareness
- Career and Technical Education**
- Community Experiences
- Exit exam requirements / High School Diploma Status
- Goal Setting*
- Inclusion in General Education*
- **Interagency Collaboration**
- Occupational Courses
- Paid Employment / Work Experiences
- Parent Expectations
- Parental Involvement
- Program of Study
- Psychological Empowerment
- Self-Advocacy / Self-Determination
- **Self-Care / Independent Living Skills**
- Self-Realization
- Social Skills
- Student Support
- Technology Skills
- Transition Program
- Travel Skills
- Work Study
- Youth Autonomy / Decision-Making

** EBP for employment and RBP for education

*RBP in all three areas

Highlight at least RBP in education & employment

Think, Pair, Share

- Review the list of predictors and reflect on your own practice.
- Write down one or two predictors you use with youth consistently and one or two you want to use more.
- Make a note of how you will implement one additional predictor in your practice.
- Turn to a partner and share your thoughts

Elements of a Meaningful Postsecondary Transition Plan: Course of Study



THE BLUEPRINT

Individualized **course of study** that will reasonably enable students to meet their postsecondary goals

Elements of a Meaningful Postsecondary Transition Plan: Annual Goals

THE BUILDING BLOCKS

Annual goals marking your students progress toward their measurable postsecondary goals



Elements of a Meaningful Postsecondary Transition Plan: Student Participation

THE VISIONARY

The **student's voice** included every step of the way (ideally leading the way)



Elements of a Meaningful Postsecondary Transition Plan: Educators

THE TEAM

Key **stakeholders** in the IEP meeting with complimentary roles and responsibilities



Elements of a Meaningful Postsecondary Transition Plan: Other Agencies

THE COMMUNITY

Other agencies or partners who may provide additional transition services to support the student's vision



Beyond Compliance



Developing a meaningful transition plan is about moving beyond compliance to help students dream big and achieve their aspirations.

Postsecondary Transition Resources



**Postsecondary Transition
Elevated Planning App
Padlet**



**Self Determination and
Self Advocacy Padlet**



**Preparing Students with
Disabilities for Success in
Postsecondary Programs
Padlet**



Reflection

- Take a moment and reflect on today's session.
- Write down one thing you will do to improve your practice as you support youth in planning for their transition to adult life.

Thank You for Coming!

Question or
Comments?



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