

HEALTH SERVICES FOR STUDENTS WITH MIGRAINE AT SCHOOL

WHEREAS, Migraine is a complicated neurological disease characterized by many symptoms, including head pain, nausea, vomiting, dizziness, sensitivity to touch, sound, light, and smells, abdominal pain, and mood changes;^{1,2} and

WHEREAS, Migraine disease is the third most prevalent illness in the world, is more prevalent than diabetes, epilepsy and asthma combined,³ and is consistently the fourth or fifth most common reason for visits to the emergency department, accounting for 3% of emergency department visits annually;⁴ and

WHEREAS, Approximately 10% of children ages 5-15 and up to 28% of adolescents have migraine disease;^{5,6} and

WHEREAS, Migraine is the leading cause of disability in the age group 15-49 worldwide;⁷ children who have migraines are absent from school twice as often as children who do not and can suffer from dizziness, sleep disturbances, anxiety, depression, difficulty concentrating, and fatigue;⁸ and

WHEREAS, Migraine is a protected disability under both the Americans With Disabilities Act (ADA) and the Individuals With Disabilities Education Act (IDEA) and thus qualifies for accommodations under Section 504, or as an amendment to their Individual Education Plan (IEP);^{9,10,11} and

WHEREAS, Many parents, students, school administrators, educators, and nurses are not yet trained to recognize or understand the symptoms of migraine in affected children;^{12,13} and

WHEREAS, Exceptional materials and resources about migraine, along with recommended diagnostic screenings tools are currently available through such organizations as the Coalition for Headache and Migraine Patients (CHAMP) and the American Migraine Foundation;^{14,15} now therefore, be it

Resolved, That Utah PTA work to educate its membership about pediatric migraine and to provide educational resources and materials to parents, students, administrators, educators and nurses; and be it further

Resolved, That Utah PTA support headache disease screenings for the student population and provide resources to parents to conduct screenings in the home; and be it further

Resolved, That Utah PTA work with the Utah State Board of Education to incorporate information about migraine/headache disease into the required state core health class, and be it further

Resolved, That Utah PTA forward this resolution to National PTA for their consideration.

DOCUMENTAION:

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13. Coalition for Headache and Migraine Patients. <https://headachemigraine.org/>
14. Coalition for Headache and Migraine Patients. <https://headachemigraine.org/>
15. American Migraine Foundation. <https://americanmigraineassociation.org/>